

Meet the Pioneers Behind Kenya PHE Youth Coalition

November 2023 | Lake Elementaita, Nakuru County



Eighteen young Kenyan leaders walked out of the BUILD PHED Leadership training with more than certificates. We walked out with a shared vision and a commitment to make PHE integration a youth-driven movement in Kenya. We came from different counties, different organizations and different areas of expertise, but we were united by the belief that population, health and environment issues are interconnected, and young people must lead the charge in addressing them. In November 2023, we officially formed the Kenya PHE Youth Coalition, Kenya's first-ever National Youth PHE Network. We were not waiting for permission. We were claiming our space as pioneers, practitioners and partners in shaping Kenya's PHE landscape.

Here are the eighteen founding members who made it happen:

Beatrice Riara

Anglican Church Development Services | Machakos County

Beatrice brings PHE to faith communities, working at the intersection of religious teachings and guidance, population dynamics, public health promotion, environmental conservation and climate change mitigation. Her work proves that PHE integration can happen anywhere, including where people gather for worship.

Esther Mayende

Nairobi, Kakamega & Mumias

Esther strengthens global public health and development capacities in disaster and emergency management. She champions emergency response and innovative approaches to public health, with a focus on digital solutions for health interventions in underserved communities.

Peter Ochuka

Migori, Homa Bay

Peter works on climate change adaptation and community resilience, promoting clean energy and policy advocacy for sustainable development. His focus areas include women and youth empowerment through environmental stewardship.

Jacob Mosenda

The Climate Clock | Machakos, Makueni

Jacob is all about environmental conservation, clean energy, and policy advocacy for livelihood resilience and climate resilience. He's grounding PHE work in practical solutions that communities can see and feel.

Susan Sindani

Founder and Team Lead, Strategic Communications Consultant | Nairobi

Susan leads the Coalition with a focus on inclusive communications and online sensitization on integrated PHE, SRHR and gender issues. She's building the Coalition's voice through strategic communications using digital storytelling, podcasting and ensuring young women and girls in Kenya have access to information on resilience, youth sexual reproductive health governance and social accountability.

Fridah Chepchumba

Declare Kenya | West Pokot

Fridah's work centers on gender-based violence and access to basic services. She's addressing climate change impacts on marginalized women in decision-making, and championing SRHR and climate justice advocacy in one of Kenya's most underserved regions.

Erick Otwane

Busia

Erick focuses on population, health, and environmental education, Indigenous Youth and community capacity building, livelihood and sustainable agriculture, and environmental conservation. His work connects PHE to the daily realities of rural communities.

Godfrey Kevolwe

Network for Community Development | Nandi

Godfrey integrates agricultural innovations with public health and peace efforts. His work with communities shows how PHE is not just theory but about food security, health outcomes, and environmental conservation working together.

Joseph Macharia

LVCT Health | Nairobi

Joseph works on climate change and public health programming, proving that health organizations must account for environmental factors to truly serve their communities.

Daale Viona

Daale Ecoscan Consultancy | Nairobi

Dalya is a green builder and eco-friendly architecture specialist. She's bringing PHE into the built environment, showing how sustainable design can protect both people and the planet.

Janet Kanyiha

Blessed Heart Organization | Kiambu

Janet focuses on health and environmental education targeting vulnerable children, women, and youth. She's ensuring that those most affected by PHE challenges are equipped with knowledge and resources to respond.

Faith Nyanjui

Irungu Nyakera Foundation | Murang'a, Mombasa, Kirinyaga, Lamu, Kilifi, Nyeri

Faith works on climate action and climate-responsive agro-forestry programs, connecting environmental health to food systems and community resilience across multiple counties.

Duncan Pamba

NCPD | Kakamega

Duncan brings PHE integration into his work targeting youth, ensuring that young people's needs are reflected in population and development planning.

Umi Said

Right Here Right Now | Mombasa, Nairobi, Kisumu

Umi champions youth sexual reproductive health and rights in Turkana, one of Kenya's most marginalized counties, ensuring SRHR is part of the PHE conversation.

Lucky Namunyak

Pathways Policy Institute | Laikipia, Samburu, Kajiado, Narok, Nyeri, Nairobi

Lucky works on policy and budget advocacy related to PHE, population, and climate change and environment. She's ensuring that grassroots realities inform national policies across pastoralist and Indigenous communities.

Peter Mutuku

Youth for Sustainable Development | Machakos

Peter focuses on SRHR, climate adaptation and resilience, and education and sensitization. He's mobilizing youth in Machakos to take action on interconnected health and environmental challenges.

Jim AlvinceKaumba

Karachuonyo Students Association | Homa Bay

Jim works on mental health and climate change, recognizing that environmental crises have psychological impacts that must be addressed alongside physical health and environmental interventions.

Mercy Soy

Center for Community Development and Dialogue

Mercy brings PHE into peacebuilding and community development spaces, working on climate action and climate justice as foundations for sustainable peace.

These eighteen pioneers represent the diversity of PHE work happening across Kenya, from faith-based organizations to green architecture, from agro-forestry to mental health, from policy advocacy to digital communications. We are proof that PHE integration is not one-size-fits-all. It is as diverse as the communities we serve and as dynamic as the challenges we are addressing. Together, we are implementing PHE programs as we build a movement. Ensuring that young Kenyans are at the center of designing solutions to the population, health, and environment challenges facing our communities today and in the future.

This is where it all began. And we were just getting started.